

RECEPTION & NURSERY TOPIC FOCUS: ALL ABOUT ME

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CHRONOLOGY

FACT 1	FACT 2	FACT 3	FACT 4	FACT 5
Who am I? Where do I come from? What makes me me?.	Who looks after me? My family and friends	Where do I live? What do I need to be alive and healthy?	All Living things need: Food; water; air; shelter/warmth to grow	Compare similarities and differences between two countries/cultures Africa

VOCABULARY TO UNDERSTAND AND USE IN YOUR LEARNING

Human/Animals— All living things are grouped/ classified

Healthy lifestyle - A way of living that keeps us fit and prevents us from being sick.

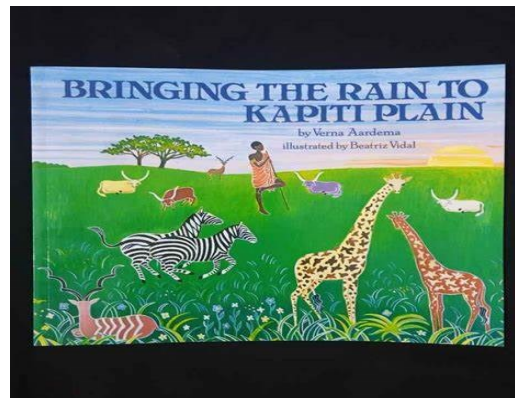
Hygiene - Keeping your body clean and oral
Oral hygiene = teeth

Physical Exercise - Moving your body

Cultures - Different places we live with varying traditions and values

Growth - The process of increasing in size, stages of development

IMAGES THAT WILL HELP YOUR LEARNING



DISCUSSION POINTS AT HOME

Talk about you and your family that live with you, including pets. Why are they important to you?

What do we need to do to keep ourselves healthy? Aim to eat at least 5 portions of a variety of fruit and veg each day.

You should complete at least an hour of exercise a day.

We all grow physically and as little people who become adults one day.

With reference to our story - Explore similarities and differences, Africa/ UK.