

GROW FURTHER

ENRICHMENT ACTIVITIES
Summer Term 2023



Polwhele House
GROWING CORNWALL'S FUTURE



Summer Term learning and growing!

We know our children look forward to their after-school activities and so it gives me great pleasure to announce our enrichment activities for Summer 2023.

We hope you and your child(ren) like the clubs we have on offer for this term and you enjoy reading about them as you make your choices,

To make your child's/children's club choices please use the form in WEDUC entitled 'Grow Further Summer 2023'.

Email requests for clubs will not be accepted (you will be asked to complete the form).

Please request a place using the 'options' boxes, stating your child's first choice, second choice etc. We will do our best to ensure that your child has as many opportunities as possible to attend the clubs of their choice. You will receive an email from the Office or from me confirming the clubs that your child has successfully been enrolled into.

All clubs are in week order and have a maximum pupil number included in the information. If a club becomes full, children will be placed on a waiting list. Please do not ask teachers directly for places in a club as they cannot add pupils, it must go through the clubs form or through the Office/me so that we can refer to the pupil overview.

Please be aware that some externally provided clubs have a later finish time than school run clubs.

We are very much looking forward to hearing from you on your choices and can't wait to see all our pupils getting stuck into their individual pursuits with the amazing energy that summer sunshine brings.

Mrs Lynne Topsey- Eaton
Deputy Head



LET'S GO

Polwhele House, Truro, Cornwall, TR4 9AE
polwhelehouse.co.uk
01872 273011



Polwhele House
GROWING CORNWALL'S FUTURE



EVERYDAY



LATE CLUB

Pre-prep

What is it?

An after-school care club for Pre-prep children who are not attending other clubs

When does it run?

After school until 17:30

Who's welcome to attend?

Nursery to Year 2 (no maximum numbers)

Who runs the club?

School staff

Where is it held?

Dependent on day: In Pre-prep, Prep School & the Main House

There is a cost for this club set for every 20 minutes the club is attended.



HOMEWORK CLUB

Prep

What is it?

A club for completing homework. Support is given to individuals to complete homework tasks.

When does it run?

After school until 17:00 (attendees will join Boarding Prep after 17:00 which incurs a charge)

Who's welcome to attend?

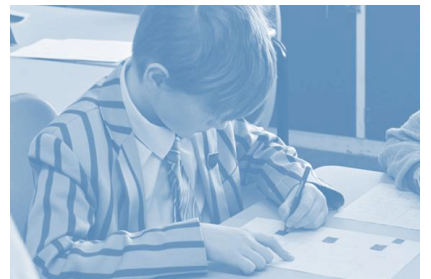
Year 3 to Year 8 (no maximum numbers)

Who runs the club?

School staff

Where is it held?

The Main House or the Computer Room.



A photograph of a rider on a horse jumping over a white obstacle. The rider is wearing a helmet and a jacket. The horse is in mid-air, clearing the jump. The image has a blue tint. The word "MONDAY" is overlaid in white, bold, sans-serif font, centered horizontally and partially obscured by two horizontal white lines above and below it.

MONDAY

HOP, SKIP & JUMP

Pre-prep

What is it?

Enjoy being active, practise and learn new skills to play different games.

When does it run?

After school until 17:00

Who's welcome to attend?

Reception to Year 2

Who runs the club?

Mr Elworthy

Where is it held?

On the field or in the hall



SING A SONG

Pre-prep

What is it?

Like to sing? Love learning and performing songs? Come to our new singing club for Pre-prep to sing with your friends and learn new songs to share at home.

When does it run?

After school until 17:00

Who's welcome to attend?

Reception to Year 2

Who runs the club?

Mrs Wallis

Where is it held?

In the Pre-prep building



HOLD YOUR HORSES

Prep

What is it?

Be a part of the stable management team, taking part in the care of our ponies and their facilities.

When does it run?

After school until 17:00

Who's welcome to attend?

Year 3 to Year 8 (max 10)

Who runs the club?

Miss Miriam and the Riding School staff

Where is it held?

At the Riding School



SAVE THE PLANET

Prep

What is it?

Are you an eco-warrior? Do you want to make a difference to our environment? Come and investigate what we can do in our immediate environment such as school and home and what we could do for the wider environment.

When does it run?

After school until 17:00

Who's welcome to attend?

Year 3 to Year 8 (max 10)

Who runs the club?

Mrs Rolls

Where is it held?

In the Prep School building



THE THESPIANS: DRAMA

Prep

What is it?

A drama club exploring a range of acting methods, developing scripts and performance skills.

When does it run?

After school until 17:00

Who's welcome to attend?

Year 3 to Year 8 (PAS + maximum 10 non-PAS)

Who runs the club?

Mrs Chidley

Where is it held?

In the Prep School building

Performing Arts Scholars **must** attend this club.



READY, STEADY, BAKE!

Prep

What is it?

Bake and create delicious dishes and nibbles. Learn cooking skills and cook a variety of interesting dishes. Find out about healthy eating and food groups.

When does it run?

After school until 17:00

Who's welcome to attend?

Year 3 to Year 8 (max 10)

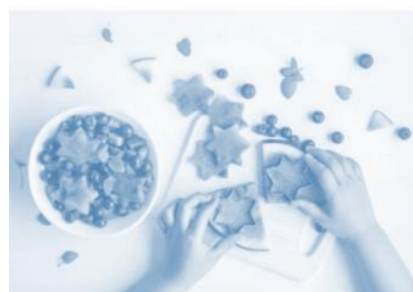
Who runs the club?

Sonja

Where is it held?

In the Old Dining Room

There is a termly cost for this club - payment details will be sent to club members.



TUESDAY



CHILDREN'S YOGA

Pre-prep & Year 3

What is it?

Learn yoga to increase strength, flexibility and coordination. Explore breathing techniques, mindfulness and relaxation through stories & games.

When does it run?

After school until 17:00

Who's welcome to attend?

Nursery to Year 3.

Who runs the club?

Kids' Yoga Cornwall

Where is it held?

In the School Hall/Main House

There is a termly cost for this club - payment details will be sent to club members.



PICASSO CLUB: ART

Prep

What is it?

Explore a wide variety of art techniques and media and have a great time creating paintings, prints and 3D work in a fun and relaxed environment.

When does it run?

After school until 17.00

Who's welcome to attend?

Year 3 to Year 8 (max 10)

Who runs the club?

Mrs Virr

Where is it held?

In the Art Room



SOARING SIXES

Prep (Y3 & Y4)

What is it?

Whether you're learning how to hold a bat or smashing sixes this is the cricket club for you! We will develop our key skills and have lots of fun playing variations of the sport.

When does it run?

After school until 17:00

Who's welcome to attend?

Year 3 & Year 4

Who runs the club?

Mr Elworthy

Where is it held?

On the school field



HOT SHOTS: NETBALL

Prep

What is it?

A club which will enable you to further develop your key netball skills: your footwork to learn how to turn in the air, your defensive skills to enhance your interceptions and getting lots of competitive match play. This club will change to Rounders after half term.

When does it run?

After school until 17:00.

Who's welcome to attend?

Year 5 to Year 8

Who runs the club?

Mrs Elworthy

Where is it held?

On the netball court in the playground





WEDNESDAY

DEFENDERS OF THE FOREST

Pre-prep (Reception & KS1)

What is it?

Learn and play outdoors in the wild. Enjoy cooking, eating outside, searching for wildlife, climbing trees, making camps, nature art and fire.

When does it run?

This club will start on May 3rd and will finish at **17:15pm**

Who's welcome to attend?

Reception & KS1 (max 10).

Who runs the club?

Clare Cornish

Where is it held?

In the school grounds and Polwhele woodland

There is a termly cost for this club - payment details will be sent to club members.



POLWHELE KNIGHTS: CHESS

Prep

What is it?

Join us for an informal game of chess during lunch break. Enjoy one of the oldest boardgames also played on Star Trek!

When does it run?

Lunchtime

Who's welcome to attend?

Year 3 to Year 8 (max 10)

Who runs the club?

Mr Gale

Where is it held?

In the Prep School building



THE WIND IN THE WILLOWS

Prep

What is it?

This club will be timetabled rehearsals working towards the summer production of 'The Wind in the Willows'. Please contact Miss Topsey for more information.

When does it run?

After school until 17:00

Who's welcome to attend?

Attendance is by invitation only. (All Prep pupils will be working towards their involvement in the production during their curriculum lesson time).

Who runs the club?

Miss Topsey

Where is it held?

In the Prep School building/outside



STREET DANCE STARS

Prep

What is it?

Do you love to dance to great music? Learn about the amazing world of Street Dance in our new dance club, led by Miss Katie.

When does it run?

After school until 17:00

Who's welcome to attend?

Year 3 to Year 8

Who runs the club?

Miss Katie

Where is it held?

In the Prep School building/school hall

There is a termly cost for this club - payment details will be sent to club members.



KEYBOARD CRAZY

Prep

What is it?

A beginner's course of keyboard lessons. Come and learn the keyboard piano and explore playing songs and composing your own tunes.

When does it run?

After school until 16:40

Who's welcome to attend?

Year 3 to Year 8

Who runs the club?

Mrs Brendish

Where is it held?

In the Music Room

There is a termly cost for this club - payment details will be sent to club members.



THURSDAY

GO!

William B, Talmay H, K. Fabio P, W P
Bishop J, Josh H, J, W H!
Yusuf A, Daniel A, Sameer P, K
Lively W, v 13!

Go!

W

MINI MOUSEKETEERS: FENCING

Pre-prep

What is it?

Learn the ancient and noble art of fencing using plastic, safe weapons. If this is your 'thing' you can progress to metal fencing at the end of the term.

When does it run?

After school until 17:00

Who's welcome to attend?

Year 1 and Year 2

Who runs the club?

Mr Gale

Where is it held?

In the Prep School building



MAGIC MATHS & ALGEBRA

Prep - Morning

What is it?

Delve into the amazing world of magical mathematics and explore algebraic equations and algorithms in this morning club, warming up your maths brain for the day's learning.

When does it run?

Monday morning from 08:20 – 08:45

Who's welcome to attend?

Year 3 to Year 8 (max 10)

Who runs the club?

Mrs Spoor

Where is it held?

In the Prep School building



WATER SPORTS

Prep

What is it?

Learn to paddleboard, sail and kayak in this wonderful water sports club held at Loe Beach Sailing Club. Enjoy time spent in the water, learning new skills. **Children must be picked up from Loe Beach by parents at 18:30.**

When does it run?

After school until 18:30

Who's welcome to attend?

Year 3 to Year 8

Who runs the club?

Loe Beach Sailing Club

Where is it held?

Loe Beach Sailing Club

There is a termly cost for this club - payment details will be sent to club members. Sign-up and places must have been pre-booked in the Lent Term.



THE WICKET WONDERS

Prep (Y5 to Y8)

What is it?

Whether you're learning how to hold a bat or smashing sixes, cricket club is for all ages and abilities. We will develop our key skills and have lots of fun playing variations of the sport.

When does it run?

After school until 17:00

Who's welcome to attend?

Year 5 to Year 8

Who runs the club?

Mr Elworthy

Where is it held?

On the school field



THE ATOM ALLIANCE

Prep

What is it?

Summer is a brilliant time to explore science outdoors and indoors at Polwhele House. Highly interactive experiments and hands-on activities every Thursday.

When does it run?

After school until 17:00

Who's welcome to attend?

Year 3 to Year 8

Who runs the club?

Mr Kellas

Where is it held?

In the Science Lab



YOUNG NOTES: CHOIR

Prep

What is it?

Love to sing? Learn a range of songs, explore melodies, harmonies and rhythms. Enjoy singing together in our choir.

When does it run?

After school until 17:00

Who's welcome to attend?

Year 3 to Year 8

Who runs the club?

Mrs Brendish

Where is it held?

In the Music Room



Performing Arts Scholars **must** attend this club.



FRIDAY

FIGHT KNIGHT: FENCING

Prep

What is it?

Fencing develops coordination, agility, balance, flexibility, strength, and cardiovascular endurance while at the same time improving mental agility, strategy and tactics. **You will need your own foil kit this term.**

When does it run?

After school until 17:00

Who's welcome to attend?

Year 3 to Year 8 (max 10)

Who runs the club?

Mr Gale

Where is it held?

In the school hall



TENNIS ACES

Prep (8 weeks – 05.05.2023 - 30.06.2023)

What is it?

Get outside on our grassed tennis courts and learn how to play this game with expert tuition. Enjoy and learn new skills and improve your racquet control in warm-up challenges, ball skills, technique coaching and explore the basics of match-play.

When does it run?

After school until 17:00. 50-minute lessons in two time Slots (15:45 – 16:35 or 16:40 – 17:30)

Who's welcome to attend?

Year 3 to Year 8 (max 16)

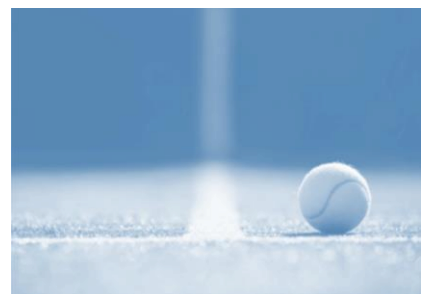
Who runs the club?

Steven Askey: Herons Tennis Club

Where is it held?

On the school tennis courts

There is a termly cost for this club - payment details will be sent to club members. All equipment is provided.



TRACK & FIELD

Prep

What is it?

We will take on a host of events as we practise for fixtures and sports day. So whether you just want to have a try or are the next Usain Bolt/Jessica Ennis, this is the club for you!

When does it run?

After school until 17.00

Who's welcome to attend?

Year 3 to Year 8

Who runs the club?

Mr Elworthy

Where is it held?

On the school field





GROWING CORNWALL'S FUTURE



Polwhele House

Head: Mrs Hilary Mann
Polwhele House, Truro, Cornwall, TR4 9AE
01872 273011